



GCSE Examinations

2026

Information for Parents



STRONGER TOGETHER
INCLUSIVE, COLLABORATIVE, AMBITIOUS

GCSE exam timetable - Summer 2026

| | Subject | Time | Day/Date | | Subject | Time |
|--|----------------------------------|-----------------------|----------------------------------|--|---|-----------------------|
| | MFL Speaking tests | Individual time slots | 20/04/2026 | | MFL Speaking tests | Individual time slots |
| | MFL Speaking tests | Individual time slots | 21/04/2026 | | MFL Speaking tests | Individual time slots |
| | MFL Speaking tests | Individual time slots | 22/04/2026 | | MFL Speaking tests | Individual time slots |
| | Photography Exam | All Day | 23/04/2026 | | Photography Exam | All Day |
| | Photography Exam | All Day | 24/04/2026 | | Photography Exam | All Day |
| | Textiles Exam | All Day | 28/04/2026 | | Textiles Exam | All Day |
| | Textiles Exam | All Day | 29/04/2026 | | Textiles Exam | All Day |
| | Art Exam | All Day | 30/04/2026 | | Art Exam | All Day |
| | Art Exam | All Day | 01/05/2026 | | Art Exam | All Day |
| | | | 01/05/2026 | | Travel and Tourism Influences of Global Travel & Tourism (Will need to start at 1.00) | 2hrs |
| | 9am Start (arrive 8.40am) | | 2-1-2 LESSON FORMAT | | 1pm start (arrive 12.40pm) | 2hrs |
| | | | Thurs 7th May | | | |
| | | | | | German Paper 1 Listening Foundation Tier | 35m |
| | | | | | German Paper 1 Listening Higher Tier | 45m |
| | | | | | German Paper 3 Reading Foundation Tier | 45m |
| | | | | | German Paper 3 Reading Higher Tier | 1hr |
| | | | Friday 8th May | | 1pm start (arrive 12.40pm) | |
| | | | | | Drama component 3 | 1h 30m |

| | Subject | Time | Day/Date | | Subject | Time |
|--|---|-------------|----------------------------------|--|--|-------------|
| | 9am Start (arrive 8.40am) | | Mon 11th May | | 1pm start (arrive 12.40pm) | |
| | English Literature Paper 1 | 1h 45m | | | Business Paper 1: Business activity, Marketing and People. | 1hr 30m |
| | | | | | Chinese Paper 3: Reading and Understanding in Chinese | 45 mins |
| | | | | | Chinese Paper 3: Reading and Understanding in Chinese | 1hr 5mins |
| | 9am Start (arrive 8.40am) | | Tues 12th May | | 1pm start (arrive 12.40pm) | |
| | Religious Studies: Paper 1 | 2 hrs | | | Biology Paper 1 | 1hr 45m |
| | | | | | Comb Science: Trilogy Biology Paper 1 | 1hr 15m |
| | | | | | | |
| | 9am Start (arrive 8.40am) | | Wed 13th May | | 1pm start (arrive 12.40pm) | |
| | Geography Paper 1: Living with the Phys Envrn | 1hr 30m | | | Computer Science Paper 1: Principles of Computer Science | 1hr 30m |
| | 9am Start (arrive 8.40am) | | Thurs 14th May | | 1pm start (arrive 12.40pm) | |
| | Maths Paper 1 (Non Calculator) | 1hr 30m | | | German Paper 4 Writing Foundation Tier | 1hr 10m |
| | | | | | German Paper 4 Writing Higher Tier | 1hr 15m |
| | 9am Start (arrive 8.40am) | | Fri 15th May | | | |
| | History Paper 1 Thematic study and historic environment | 1hr 20m | | | | |
| | 9am Start (arrive 8.40am) | | Mon 18th May | | 1pm start (arrive 12.40pm) | |
| | Chemistry Paper 1 | 1hr 45m | | | Chinese Paper 4: Writing in Chinese | 1hr 25m |
| | | | | | | |

| | Subject | Time | Day/Date | | Subject | Time |
|---|--|-------------|----------------------------------|--|---|-------------|
| | 9am Start (arrive 8.40am) | | Tues 19th May | | 1pm start (arrive 12.40pm) | |
| | English Literature Paper 2 | 2hrs 15m | | | Computer Science: Application of Computational Thinking (On screen) | 2hrs |
| | 9am Start (arrive 8.40am) | | Wed 20th May | | 1pm start (arrive 12.40pm) | |
| | French Paper 1 Listening Foundation Tier | 35min | | | Religious Studies: Paper 2 | 1hr |
| | French Paper 1 Listening Higher Tier | 45 min | | | | |
| | French Paper 3 Reading Foundation Tier | 45 min | | | | |
| | French Paper 3 Reading Higher Tier | 1hr | | | | |
| | 9am Start (arrive 8.40am) | | Thurs 21st May | | 1pm start (arrive 12.40pm) | |
| | English Language Paper 1 | 1hr 45m | | | Business Paper 2: Operations, Finance & Influences on Business | 1hr 30m |
| | 9am Start (arrive 8.40am) | | Fri 22nd May | | | |
| | P.E. Physical factors affecting performance | 1hr | | | | |
| HALF TERM WEEK 25th -29th MAY 2026 | | | | | | |
| | 9am Start (arrive 8.40am) | | Mon 1st June | | 1pm start (arrive 12.40pm) | |
| | P.E. Socio-cultural issues and sports psychology | 1hr | | | Religious Studies; Paper 3 | 1hr |
| | Japanese Listening & Understanding | 45 mins | | | | |
| | Japanese Reading & Understanding | 1hr 5mins | | | | |
| | 9am Start (arrive 8.40am) | | Tues 2nd June | | 1pm start (arrive 12.40pm) | |
| | Physics Paper 1 | 1h 45m | | | Russian Listening & Understanding Paper 1 | 45m |
| | Comb Science: Trilogy Physics Paper 1 | 1h 15m | | | Russian Reading & Understanding Paper 3 | 1hr 5m |

| | Subject | Time | Day/Date | | Subject |
|--|---|-------------|-----------------------------------|--|---|
| | 9am Start (arrive 8.40am) | | Wed 3rd June | | 1pm start (arrive 12.40pm) |
| | Maths Paper 2 (Calculator) | 1hr 30m | | | R032: Principles of care in Health & Social Care settings |
| | | | | | Geography Paper 2: Challenges in the Human Environment |
| | | | | | |
| | 9am Start (arrive 8.40am) | | Thurs 4th June | | 1pm start (arrive 12.40pm) |
| | History: Paper 2 Period Study and British Depth Study | 1hr 50 | | | French Paper 4 Writing Foundation Tier |
| | | | | | French Paper 4 Writing Higher Tier |
| | | | | | |
| | 9am Start (arrive 8.40am) | | Fri 5th June | | |
| | English Language Paper 2 | 1hr 45m | | | |
| | 9am Start (arrive 8.40am) | | Mon 8th June | | 1pm start (arrive 12.40pm) |
| | Biology Paper 2 | 1hr 45m | | | Level 2 Certificate in Further Maths: Paper 1 |
| | Combined Science: Biology Paper 2 | 1hr 15m | | | |
| | 9am Start (arrive 8.40am) | | Tues 9th June | | 1pm start (arrive 12.40pm) |
| | Japanese Writing | 1hr 25m | | | History Paper 3: Modern Depth Study |
| | 9am Start (arrive 8.40am) | | Wed 10th June | | 1pm start (arrive 12.40pm) |
| | Maths Paper 3 (Calculator) | 1hr 30m | | | Russian Writing Paper 4 Higher Tier |
| | | | | | Design & Technology |
| | 9am Start (arrive 8.40am) | | Thurs 11th June | | 1pm start (arrive 12.40pm) |
| | Geography Paper 3: Geographical applications | 1hr 30m | | | Food Preparation and Nutrition |
| | | | | | |
| | | | | | |

| | Subject | Time | Day/Date | | Subject | Time |
|--|---|-------------|----------------------------------|--|---|-------------|
| | 9am Start (arrive 8.40am) | | Fri 12th June | | | |
| | Chemistry Paper 2 | 1hr 45m | | | | |
| | Comb Science; Trilogy Chemistry Paper 2 | 1h 15m | | | | |
| | 9am Start (arrive 8.40am) | | Mon 15th June | | 1pm start (arrive 12.40pm) | |
| | Physics Paper 2 | 1h 45m | | | Level 2 Certificate in Further Maths: Paper 2 | 1hr 45m |
| | Comb Science: Trilogy – Physics Paper 2 | 1h 15m | | | | |
| | | | Tues 16th June | | | |
| | | | Wed 24th June | | | |
| | Contingency Day for public exams | | | | Contingency Day for public exams | |

Arrangements for exam weeks

The school day will change to a 2-1-2 format from 7th May until 15^h June inclusive. You must be in the Hall by **8:30 am** for morning exams and **12:40 pm** for afternoon exams unless indicated otherwise on the timetable at the front of this booklet.

At SHS we don't do 'Study leave'. **You will need to attend all your lessons until Monday 8th June.** We will then look at allowing home study for 'chunks' of time when you are not required in lessons, but this will be done on an individual basis. Supervised study rooms will be available for all students remaining in school.

There's no such thing as a free lunch but you can get a Free Breakfast!

Breakfast will be available in the Hall from 8am on each day when YOU HAVE a morning exam. Teachers will deliver last minute tips and reminders while you **tuck in!**



Equipment

Make sure you are well stocked with black pens, pencils, a ruler, rubber and a scientific calculator. You will need to carry your stationery into the exam as pencil cases are not allowed. We do have spare equipment for emergencies, but this does tend to disappear as the weeks go on. Plus, you'll be much more comfortable if you've got your own 'lucky pen'.

You must not bring mobile phones into the exam room. You will be disqualified for having one of these in the room, even if you did not intend to use it. Wrist watches are not allowed in exam rooms either, but we will be able to keep your valuables safe for you during your exams.

Food and drink in the exam room

Food is not allowed in the examination room but if you need to bring water this must be in a clear bottle **with any label removed.**

What you should wear for your exams

Normal rules for uniform, jewellery, behaviour apply. However, leavers hoodies may be worn if you have purchased them.

Exam board rules

The exams officer has emailed you copies of all of the **Information for candidates**. This is important information from the exam boards about the rules and regulations you must adhere to, both in the examinations and for coursework and NEA. Please read these documents carefully and ask if you are unsure about anything.

What to do if you are unwell on the day of an exam or if you have an unauthorised absence from an exam

Only in 'exceptional circumstances' are candidates allowed 'special consideration' for absence from any part of an examination. Regarding special consideration, please note that medical or other appropriate evidence is required in all cases of absence.

There will be charges for the relevant entry fee(s) for unauthorised absence from exams, or if the student fails to fulfil other examination requirements.

What happens in the event of an emergency in the exam room.

In the event of an emergency in the exam room, you must follow the instructions of the invigilator. It is vital that you do not communicate with other candidates.

Malpractice

If a candidate is suspected of malpractice, the invigilator will warn the candidate that he/she may be removed from the examination room and the awarding body will be informed. If candidates commit malpractice, the awarding body may decide to penalise or disqualify them.

Arrangement for Exams

Before the exam

- Sit quietly and wait to be called into the gym.
- Enter the gym in silence and in the order called, then sit in your designated seat.
- Listen carefully to the instructions of the invigilators.
- Check you have the correct paper and equipment and raise your hand if unsure.

During the exam

- Full exam board conditions apply. Never attempt to communicate with another student or attract their attention.
- Write in black pen.
- Raise your hand if you need anything.
- Follow invigilator instructions in case of emergency.
- Use all of the available time. You will not be allowed to leave early. There will be a clock at the front of the room.

After the exam

- You are under exam conditions until you have left the room.
- When instructed by the invigilators, leave silently, and go to the Hall to collect your bag.
- Collect valuables from Reception.
- **Go straight back to your normal lesson.** Do not wait around in the Hall or disturb lessons by being noisy in the corridors.

Results

Results will be available on Thursday 20th August 2026 from 9am in person from school or 11am via the new Education Record app. You will be advised of arrangements for collection of results nearer the time, and will be shown how to register for the app during school time shortly.

Please note that result slips **will not be given** to anyone other than the candidate without written authorisation. Candidates who would prefer their results to be posted, must give a small stamped addressed envelope to the school reception.

Certificates

Examination certificates are normally sent to schools at the end of October/beginning of November. Details regarding the issue of certificates will be advised in October.

Year 11 Revision sessions 2026

| | Tutor time | Lunchtime | After school |
|------------------|---|--|--|
| Monday | <ul style="list-style-type: none"> • Week 1 GCSE English Lang Booster (Library – invitation only) Week 2 GCSE English Lit Booster (Library - invitation only) | Week 2 – Chemistry (Combined and Triple) Room 36 | <ul style="list-style-type: none"> • Week 1 – GCSE English Retake session • Week 2 – Physics (Combined and Triple) Room 36 • Religious Studies |
| Tuesday | Week 1 English Lit Revision | <ul style="list-style-type: none"> • Maths club Room 32 • RS&S drop-in session Room 72. Students to sign up to individual sessions with class teacher. | <ul style="list-style-type: none"> • Photo/Textiles - Exam coursework Rooms 9, 14 & 11 (RM, KS & SM) |
| Wednesday | <ul style="list-style-type: none"> • GCSE English Retake (Rm 5) • Week 1 Science Revision • Week 2 Maths Revision | <ul style="list-style-type: none"> • P.E. room 50 • GCSE English Lit Revision (Rooms as per Homework booklet) | <ul style="list-style-type: none"> • Art - Exam coursework Rooms 10 & 11 (RF) • Business – Room 52. Students to sign up to individual sessions with class teacher. |
| Thursday | | <ul style="list-style-type: none"> • MFL drop-in session Rooms 22/ 23 (after Feb half term). Students to sign up to individual sessions with class teacher. | <ul style="list-style-type: none"> • History • Geography (Room 71) |
| Friday | | <ul style="list-style-type: none"> • Week 1 – Biology (Combined and Triple) Room 1 • History boosters | |

Easter Holiday revision sessions:

Art/Photo/Textiles Easter Session – Monday 30th March 10 am – 3 pm

School term-time revision planner

This may help you to plan ahead and structure your revision. Make a plan which includes all of the subjects you will be examined in. Alter the times as necessary to suit your routine and fit in with clubs and after-school activities. You are allowed a night off!

Tips:

- Remember to take regular breaks during your revision (20 minutes on, followed by a 10 minute break works well).
- Make mind-maps/ posters / revision cards. This will ensure your revision is active and productive and you will be able to re-use them for the summer exams. **Don't forget to fill in your revision record so you remember which areas to request help with.**
- Do something to keep your brain / body active during your break (walk the dog, phone a friend, chat to a parent, play a game of cards etc. Don't watch TV or use electronic devices which allow you to be passive and may tempt you to delay getting back to work.
- Factor in mealtimes, sleep time and time for relaxing. If you are not well rested, well-nourished and happy you will not achieve your best.

| Day | Revision classes | At home | | I need help with |
|----------------|------------------|------------------|----------------|-------------------------|
| Monday | | | | |
| Tuesday | | | | |
| Wednesday | | | | |
| Thursday | | | | |
| Friday | | | | |
| Weekend | Morning | Afternoon | Evening | I need help with |
| Saturday | | | | |
| Sunday | | | | |

Revision planner – Easter break

This may help you to plan ahead and structure your revision. Make a plan which includes all of the subjects you will be examined in. You are not expected to revise every day during the holiday but a sensible plan which leaves plenty of time for fun and relaxation will help you to come back confident about the exams. Choose the days and times which suit you best.

Tips:

Remember to take regular breaks during your revision (20 minutes on, followed by a 10 minute break works well).

Make mind-maps/ posters / revision cards or work through revision guides and past papers. This will ensure your revision is active and productive.

Do something to keep your brain / body active during your break (walk the dog, phone a friend, chat to a parent, play a game of cards etc. Don't watch TV or use electronic devices which allow you to be passive and may tempt you to delay getting back to work.

Factor in mealtimes, sleep time and time for relaxing. If you are not well rested, well-nourished and happy you will not achieve your best.

| Day | Morning | Afternoon | Evening |
|------------|---------|-----------|---------|
| Sat 28/03 | | | |
| Sun 29/03 | | | |
| | | | |
| Mon 30/03 | | | |
| Tues 31/03 | | | |
| Wed 01/04 | | | |
| Thur 02/04 | | | |
| Fri 03/04 | | | |
| Sat 04/04 | | | |
| Sun 05/04 | | | |

Turn over

Tips to help you cope with exam stress



Preparing for exams can be stressful, but remember this is normal, and some stress can actually work in your favour; In small doses, stress can provide a burst of energy that can help you meet daily challenges and motivate you to reach your goals.

BUT, bad stress can stop you functioning normally and prevent you from achieving your best. It's important to find the right balance which works for you.

If you find that you are beginning to panic or stress is affecting your happiness or health, it is time to seek help. Please ask before things get on top of you!

How can we help you?

Your teachers, form tutor and the student management team are all here to help and can provide advice and reassurance or point you in the right direction if you need more specialist support.

How can you help yourself?

Be in school! Be in lessons! If you aren't here, you will fall behind and it's very hard to catch up when you have a lot to cover. Take advantage of the lessons and revision sessions on offer.

Participate actively in lessons and act upon advice and feedback given.

Organise your work: - make sure everything is all there and if you know you missed some work, get the notes from a friend or your teacher.

Organise yourself: make a plan (revision timetable) and be self-disciplined to stick to it.

Look after yourself



Sleep research suggests that a teenager needs between eight and 10 hours of sleep every night. This is more than the amount a child or an adult needs. Most teenagers only get about 6.5 – 7.5 hours sleep per night, and some get less.

Eating well and staying hydrated are essential in managing stress and staying on top of school work. Try to make sure you drink plenty of water and eat a balanced diet including your 5 a day! And remember the occasional treat can be a great mood booster!

Exercise releases chemicals like endorphins and serotonin that improve your mood. Make time to be active. This doesn't mean you have to go to the gym but try to get some fresh air and exercise every day, even if it's just going for a short walk.

Some useful sources of help

ACCESS self – help from

<https://www.justonenorfolk.nhs.uk/>



Children & Young People's Health Service **NHS**

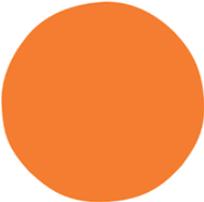
ChatHealth Norfolk

CONFIDENTIAL SUPPORT

For Young People 11-19

Struggling to cope with anxiety and concerns about the current situation?
Have some issues staying healthy and feeling good?
Or just not feeling safe at the moment... We are here for you!

TEXT: 07480 635 060

| | | |
|--|---|--|
|  <p>HEADSPACE</p> |  <p>Daylio</p> |  <p>Calm Harm</p> |
| <p>Headspace</p> <ul style="list-style-type: none">• Guided Meditation• FREE on both Apple and Android | <ul style="list-style-type: none">• Private Journal and Mood Tracker• FREE on both Apple and Android | <ul style="list-style-type: none">• Helps to control the urge to self-harm and provides safe and healthy coping methods• FREE on both Apple and Android |

Headspace: <https://www.headspace.com/>

Daylio: <http://daylio.webflow.io/>

Calm Harm: <https://calmharm.co.uk/>



Kooth is a free online service offering emotional and mental health support for children and young people

www.kooth.com



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