



Sheringham High School

Year 10 Exams
2026



Everything you need (except the answers)

The big questions

Why?

These exams provide a realistic practice for the real exams next year. Papers will reflect the style and content of the real exam as far as possible, but you will not be tested on content you have not covered.

How ?

The timetable will change to 2-1-2 for the exam period. For morning exams you should attend **registration** as normal. Your tutor will mark you present and then send you to the hall. You **must** register and wait for your tutor to release you. If you have an exam after lunch come to the hall 10 minutes before the exam start time. Please read the **exam timetable** carefully and ensure you arrive at the hall in good time for all of your exams. When you do not have an exam you should **attend lessons** as normal. Normal school **uniform and rules** apply.

Bags must be left on the stage before entering the exam room. **Pencil cases** are not allowed so you should carry your stationery in your hand. Please make sure you are fully prepared for exams with **black pens** and other required items as advised by your teachers, including **scientific calculators**.

You must not bring a **mobile phone or a watch** into the exam room. Secure storage will be available.

You may bring a bottle of **water** into the exam but all labels must be removed from bottles. Only clear water is allowed – no squash or fizzy drinks.

Impeccable **behaviour** is essential in these exams. You must not talk or attempt to communicate with other students in any way once you are in the exam room. If you have any questions, you must raise your hand and wait for an **invigilator**.

What ?

Revision is the key to success. Your teachers will provide information on what you need to study. If you are unsure, ask! **Thorough preparation** now will make your life in year 11 much easier.

Find a revision **method** which works for you – make posters, make revision cards, recite aloud, use a revision guide, get someone to test you, use Seneca, BBC Bitesize or other specialised sites. Revise in short bursts and fit in some breaks where you do something active (not looking at your phone!) These methods are tried and tested, and **successful** students swear by them.

Sample revision timetable

This may help you to plan ahead and structure your revision. Make a plan which includes all of the subjects you will be examined in. Alter the times as necessary to suit your routine and fit in with clubs and after-school activities. You do not have to fill in every slot – work out the times which suit you best and remember - you are allowed a night off! If this planner works for you then extra copies are available from reception.

Tips: Remember to take regular breaks during your revision (20 minutes on, followed by a 10 minute break works well).

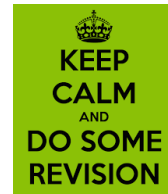
Make mind-maps / revision cards/ Complete past papers. This will ensure your revision is active and productive and you will be able to re-use them for the Year 11 exams. **When revising, make a note of any topics or questions you need to request help with and seek advice from your teachers.**

Do something to keep your brain / body active during your break (walk the dog, chat to a parent, play a game of cards etc.). Don't watch TV or use electronic devices which allow you to be passive and may tempt you to delay getting back to work.

Factor in mealtimes, sleep time and time for relaxing. If you are not well rested, well-nourished and happy you will not achieve your best.

Day	4pm	5pm	6pm	7pm	8pm
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Weekend	Morning		Afternoon		Evening
Saturday					
Sunday					

Revision tips and ideas



When using online revision sites and videos, it is important to make sure you are revising actively rather than passively; it's a good idea to pause the videos at key points and make notes on revision cards or mind map posters, which can then be kept and used for recap before the exams.

Try some of these sites if you're in a rut:



Make sure you have all of the information you need. See your teachers for revision lists, past papers and details of revision guides and revision materials. Also, check that you know your Kerboodle login details. Use the space below for **notes and reminders**:

Y10 GCSE Exams - Summer 2026

Your first two exams are not mocks, but your real GCSE English Language examinations. Arrangements for these exams are as follows:

You will go to your tutor group as normal to be registered, then your tutor will escort you to the hall at 8.35am. You will then have revision sessions with Mrs Chanter and Mrs Bradley-Stubbs, before you start the exam at 9am.

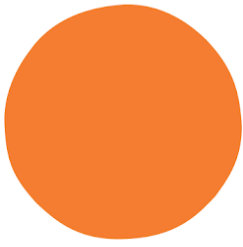
Subject	Duration	Day/Date	Subject	Duration
A.M.			P.M.	
English Language Paper 1	1hr 45	Thursday 21st May 26		
English Language Paper 2	1hr 45	Friday 5th June 26		

YEAR 10 Summer Mock Exams 2026

AM Subject	Duration	Day/Date	PM Subject	Duration
9am Start (START OF P1)		2-1-2 LESSON FORMAT	1pm start (START OF P4)	
9am Start		Mon 8th June	1pm start	
			Yr 10 Maths Paper 1 (Non calculator)	1hr 30m
		Tues 9th June		
Japanese Writing (James Kay clash)	1hr 25m			
Yr 10 Biology	1hr 45m			
Yr 10 Combined Biology	1hr 15m			
9am Start		Wed 10th June		
		Thurs 11th June	1pm start	
			Yr 10 History	1hr 20m
		Fri 12th June	1pm start	
			Yr 10 Geography	1hr 30m
		Mon 15th June	1pm start	
			Yr 10 Maths Paper 2: Calculator	1hr 30m
9am Start		Tues 16th June	1pm start	
Yr 10 Chemistry	1hr 45m		Yr 10 Health & Social	1hr 15m
Yr 10 Combined Chemistry	1hr 15m		YR 10 P.E.	
9am Start		Wed 17th June	1pm start	
Yr 10 Business	1hr 30		Yr10 German Reading (F)	45m
Yr10 French Writing (F)	1hr 10		Yr10 German Reading (H)	1hr
Yr10 French Writing (H)	1hr 15m			

9am Start		Thurs 18th June	1pm start	
Yr 10 Physics Yr 10 Combined Physics	1hr 45m 1hr 15m		Yr 10 Design & Tech Yr10 French Reading (F) Yr10 French Reading (H)	1hr 30 45m 1hr
9am Start		Fri 19th June	1pm start	
Yr 10 Maths Paper 3: Calculator	1hr 30m		Yr10 German Writing (F) Yr10 German Writing (H)	1hr 10m 1hr 15m
		BACK TO 2-2-1 FORMAT		
9am Start		Mon 22nd	11.20 start – (Periods 3 & 4)	
Yr 10 Food and Nutrition Yr 10 Drama + (7 students who clash in next period)	1hr 30m 1hr 30m		Yr 10 Media Yr 10 History	1hr 30 1hr
		Wed 1st July		
Photography	All Day		Photography	All Day
		Thurs 2nd July		
Art	All Day		Art	All Day
		Fri 3rd July		
Textiles	All Day		Textiles	All Day
Contingency Day for public exams		Wed 24th June	Contingency Day for public exams	

Keeping happy and healthy



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ChatHealth Norfolk

CONFIDENTIAL SUPPORT

Struggling to cope with anxiety and concerns about the current situation?

Have some issues staying healthy and feeling good? Or just not feeling safe at the moment... We are here for you!

For Young People 11-19

TEXT: 07480 635 060

NHS

GCSE's and mock exams can be a stressful time and whilst a little stress can get the adrenaline pumping and spur you on, too much pressure is never a good thing.

If you are anxious or have any worries, please do not keep your feelings to yourself. You can speak to your form tutor, a teacher you get on well with or a student manager. We can arrange for someone to talk through your anxieties with you if you wish. We will do whatever we can to support you.

You may also find the websites on this page useful for support and tips on managing stress.

Worried about how you're feeling?

Check out [youngminds.org.uk/find-help](https://www.youngminds.org.uk/find-help)

YOUNGMINDS

kooth

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