

## **Sheringham High School and Sixth Form**

### **Subject Curriculum Intent 2025-2026: HEALTH AND SOCIAL CARE**

#### **Our Vision:**

Health and Social Care allows students to embrace the study of the health, social care and early years settings. Students will develop a deep understanding of the care services that society is dependent on such as hospitals, clinics and GP surgeries. This Health and Social Course has strong real-life application, and the exploration of case studies will enable students to understand the experience of receiving care and working in care services. Students will be able to develop professional and personal skills through interaction with individuals who work in the sector, as well as the theoretical knowledge and understanding to underpin these skills. The completion of the Level 1/2 award at KS4 will equip students with the necessary transferrable skills that are invaluable in the health care and early years settings. Students will also be able to build upon these skills within the KS5 Level 3 Health and Social Care qualification that will be vital at undergraduate level and in future careers alike. Students will leave the course as more aware, analytical and compassionate individuals.

#### **Exam board: OCR**

**Brief overview of topics, themes, skills or key questions for each term:**

10	<p>RO32: 1.3 Health and wellbeing benefits to individuals</p> <p>RO32: 2.1 - Person-centred values of care and how they are applied</p> <p>RO32: 2.2 - Early years values of care and how they are applied</p> <p>RO32: 2.3 - Benefits of applying values of care</p> <p>RO32: 2.4 - Effects on individuals if care values not applied</p>	<p>RO32: 3.1- Verbal communication,</p> <p>RO32: 3.2 Non-verbal communication</p> <p>RO32; 3.3 Active listening</p> <p>RO32: 3.4 - Written communication,</p> <p>RO32: 3.5 - Special methods of communication,</p> <p>RO32: 3.6 - The importance of effective communication</p> <p>RO32: 4.1 - Safeguarding</p>	<p>RO32: 4.2 - Infection prevention</p> <p>RO32: 4.3 - Safety procedures and measures.</p> <p>RO32: 4.4 - How security measures protect service users and staff</p>	<p>0035 Public health Challenge</p> <p>Major public Health challenges including obesity, child dental health, heart attack, vaccination</p>	<p>0035 Public health Challenge – coursework</p> <p>Submit coursework January 2026</p>	<p>0035 Public health Challenge – coursework</p> <p>Submit coursework January 2026</p> <p><b>RO32: Mock examination</b></p>
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11	<p>0033 Coursework Recommending Support - Interview a person to find out their needs. Research and recommend support</p>	<p>0033 Coursework cont Recommending Support - Interview a person to find out their needs. Research and recommend support</p>	<p><b>Mock exam Unit 0032</b>  Finish any outstanding c/w Unit 32 Health and Well being benefits – revision  Values in care - revision</p>	<p>Unit 32 revision communication  Unit 32 revision – Safety and Security</p>	<p>Revision</p>	
12	<p>NEW AAQ FO90 Principles of Health: Equality, Health and Safety,</p>	<p>FO90 Principles of Health Legislation, Best Practice</p>	<p><b>FO90 Exam January 2026</b> FO92 Person Centred Approach NEA</p>	<p>FO92 Person Centred Approach NEA Submit for moderation June 2025</p>	<p><b>FO90 Principles of Health Resit opportunity</b>  FO93 Supporting People with Mental Health Conditions</p>	<p>O93 Supporting People with Mental Health Conditions Submit for moderation June 2025  Start Anatomy</p>

13	<p><b>CAMBRIDGE TECHNICAL</b></p> <p>Unit 4 Anatomy cont</p> <p>Systems and processes:</p> <p>Cardiovascular</p> <p>Respiratory</p> <p>Digestive</p> <p>Skeletal</p> <p>Endocrine</p>	<p>Unit 4 Anatomy cont</p> <p>Endocrine system</p> <p>Liver</p> <p>Pancreas</p> <p>Eye</p> <p>Ears</p>	<p><b>Anatomy exam</b></p> <p><b>January</b></p> <p><b>Unit 2 and 3 resit</b></p> <p>Unit 10 Nutrition for Health – coursework</p> <p>Healthy diet</p> <p>Analysing diets and making recommendations for improving health</p>	<p>Unit 13 Sexual Health - coursework</p> <p>Safer sex</p> <p>Contraception</p> <p>Promoting sexual health</p>	<p>Complete all coursework</p> <p>Revise for any resit exams.</p> <p>Resubmit moderated coursework for improvement</p>	
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