Sheringham High School and Sixth Form

Subject Curriculum Intent 2025-2026: HEALTH AND SOCIAL CARE

Our Vision:

Health and Social Care allows students to embrace the study of the health, social care and early years settings. Students will develop a deep understanding of the care services that society is dependent on such as hospitals, clinics and GP surgeries. This Health and Social Course has strong real-life application, and the exploration of case studies will enable students to understand the experience of receiving care and working in care services. Students will be able to develop professional and personal skills through interaction with individuals who work in the sector, as well as the theoretical knowledge and understanding to underpin these skills. The completion of the Level 1/2 award at KS4 will equip students with the necessary transferrable skills that are invaluable in the health care and early years settings. Students will also be able to build upon these skills within the KS5 Level 3 Health and Social Care qualification that will be vital at undergraduate level and in future careers alike. Students will leave the course as more aware, analytical and compassionate individuals.

Exam board: OCR

Brief overview of topics, themes, skills or key questions for each term:

10	R032: 1.3 Health and wellbeing benefits to individuals R032: 2.1 - Personcentred values of care and how they are applied R032: 2.2 - Early years values of care and how they are applied R032: 2.3 - Benefits of applying values of care R032: 2.4 - Effects on individuals if care values not applied	R032: 3.1- Verbal communication, R032: 3.2 Non-verbal communication R032; 3.3 Active listening R032: 3.4 - Written communication, R032: 3.5 - Special methods of communication, R032: 3.6 - The importance of effective communication R032: 4.1 - Safeguarding	RO32: 4.2 - Infection prevention RO32: 4.3 - Safety procedures and measures. RO32: 4.4 - How security measures protect service users and staff	0035 Public health Challenge Major public Health challenges including obesity, child dental health, heart attack, vaccination	0035 Public health Challenge – coursework Submit coursework January 2026	0035 Public health Challenge – coursework Submit coursework January 2026 RO32: Mock examination
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11	0033 Coursework Recommending Support - Interview a person to find out their needs. Research and recommend support	0033 Coursework cont Recommending Support - Interview a person to find out their needs. Research and recommend support	Mock exam Unit 0032 Finish any outstanding c/w Unit 32 Health and Well being benefits – revision Values in care - revision	Unit 32 revision communication Unit 32 revision – Safety and Security	Revision	
12	NEW AAQ FO90 Principles of Health: Equality, Health and Safety,	FO90 Principles of Health Legislation, Best Practice	F090 Exam January 2026 F092 Person Centred Approach NEA	F092 Person Centred Approach NEA Submit for moderation June 2025	FO90 Principles of Health Resit opportunity FO93 Supporting People with Mental Health Conditions	O93 Supporting People with Mental Health Conditions Submit for moderation June 2025 Start Anatomy

Unit 4 Anatomy cont Systems and processes: Cardiovascular	Unit 4 Anatomy cont Endocrine system Liver Pancreas Eye Ears	Anatomy exam January Unit 2 and 3 resit Unit 10 Nutrition for Health – coursework Healthy diet Analysing diets and making recommendations for imroving health	Unit 13 Sexual Health - coursework Safer sex Contraception Promoting sexual health	Complete all coursework Revise for any resit exams. Resubmit moderated coursework for improvement	
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