

School term-time revision planner

This may help you to plan ahead and structure your revision. Make a plan which includes all of the subjects you will be examined in. Alter the times as necessary to suit your routine and fit in with clubs and after-school activities. You are allowed a night off!

Tips:

- Remember to take regular breaks during your revision (20 minutes on, followed by a 10 minute break works well).
- Make mind-maps/ posters / revision cards. This will ensure your revision is active and productive and you will be able to re-use them for the summer exams. **Don't forget to fill in your revision record so you remember which areas to request help with.**
- Do something to keep your brain / body active during your break (walk the dog, phone a friend, chat to a parent, play a game of cards etc. Don't watch TV or use electronic devices which allow you to be passive and may tempt you to delay getting back to work.
- Factor in mealtimes, sleep time and time for relaxing. If you are not well rested, well-nourished and happy you will not achieve your best.

Day	Revision classes	At home			I need help with
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Weekend	Morning	Afternoon	Evening	I need help with	
Saturday					
Sunday					