



HIGH TIDE

The Sheringham High School Magazine

SUMMER 2025

synergy

MULTI-ACADEMY TRUST



Ofsted
Good
Provider



**TOM PALMER
VISIT**

SIXTH FORM BIOLOGY TRIP



DUKE OF EDINBURGH AWARD





WELCOME TO HIGH TIDE SUMMER 2025

"Education is not the filling of a pail, but the lighting of a fire." – W.B. Yeats

At Sheringham High, we believe education is far more than the transfer of facts and skills — though those remain essential. Our mission goes beyond fulfilling the requirements of the National Curriculum or securing exam success. We strive to spark curiosity, nurture individual passions, and help every student uncover their unique strengths and talents.

Each young person who walks through our doors brings with them a world of potential. Our role as educators is to create an environment where that potential can flourish — where students are inspired not only to learn, but to love learning. We want them to leave us not only knowledgeable, but confident, curious, and prepared to make their own mark on the world.

In this edition of the school magazine, you'll find a vibrant snapshot of that journey: students exploring new ideas, challenging themselves, and celebrating their achievements. These pages reflect the energy, creativity, and growth we see every day at Sheringham High.

We hope the sparks kindled here will burn brightly as our students venture forward — lighting their way and inspiring others in turn.

Mrs D Hollidge
Head of School



A MESSAGE FROM YOUR PARENT GOVERNOR

Hello! I'm delighted to introduce myself. I am John Perrem and one of Sheringham High School's parent governors. I have been in the role for the past 18 months and, when not donning my governor's hat, I am a teacher at Sheringham Primary school. This gives me the wonderful privilege of seeing many of our young people grow and thrive as they make their way through both schools in our community.

As part of the governing board, which works as part of the Synergy Multi-Academy Trust, I help to support and challenge the school leadership to ensure the very best outcomes for all our students. It is a role that has deepened my admiration for the dedication, compassion and tireless hard work shown by the staff at our high school, qualities that make such a positive difference to the lives of our children.



Of course, a great school is built on partnership between teachers, parents and the wider community. With that in mind, I would like to gently encourage any parents who have time, skills or enthusiasm to consider supporting the school, perhaps by joining Parents of Sheringham High (P.O.S.H - PTA) or helping out at future events. Not only is it a rewarding way to contribute, but it also helps create even more opportunities for our students in these challenging times. Please contact office@sheringhamhigh.org.uk to register your interest.

Thank you for everything you already do to support our school community. Together we can continue to make it a fantastic place for our children to learn and grow.



CAUGHT READING!

'The latest lucky students 'caught' reading by choice are Ava, Ava (yes, 2 different Avas!), Tyler, Princess, Bonnie, Max and Abigail. I hope they enjoyed their treats!



READING CHALLENGE

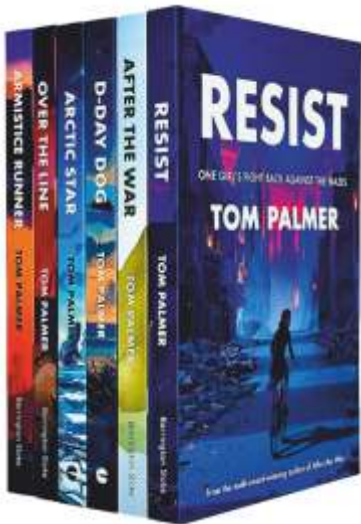
This year's Reading Challenge has seen 20 Year 7 students receiving help from Year 9 and 10 students to hone their reading skills. Their fluency, ability to tackle unfamiliar words and confidence have grown noticeably and it has been a pleasure to welcome them into the Library twice a week for our sessions. Thanks also go to the wonderful Reading Coaches, who voluntarily gave up their time to help the younger students. Without them, this important scheme could not continue." Ms Steward



TOM PALMER VISIT

Following a highly successful virtual visit last year, Tom Palmer once again delighted all our Year 7 students with an honest account of his progress from a boy who didn't enjoy reading to a highly successful author of award-winning books.

The key to this transformation was his passion for football, which led him to reading football comics, and the rest is history! In fact, although Tom did start with writing books about football, his later interest in history, combined with an understanding of how people under terrible circumstances can triumph through adversity, led him to write a series of books based around the two World Wars.



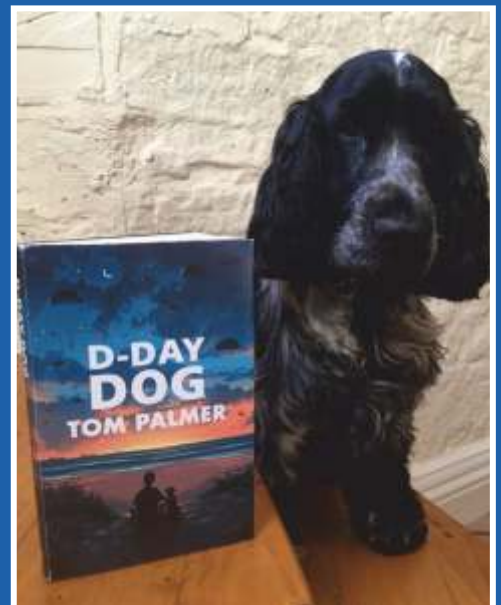
Tom, as usual, invited questions and was very open and thoughtful in his answers. Charlie, having read and loved 'D-Day Dog', asked whether Tom believed animals, who have no choice in the matter, should be used to serve in wartime. Tom answered, with a lot of thought, that he was 80/20% against it, but he understood that sometimes the sacrifice of an animal's life could save many human lives.

Once again, a wonderful event that has led to Tom's books flying off the shelves!

This was followed a few weeks later by a creative writing workshop with around 20 Year 7 students via a live video link. Tom revealed how he turns his initial ideas into a working plan, often using an artefact to inspire him and a framework of questions to expand his ideas. He showed four genuine wartime articles, and our students chose to base their stories on a silk map of Germany and occupied Europe, as carried by airmen in the 2nd World War in case they got shot down and had to make their way back through enemy territory.

This inspiring workshop, with the bonus of a visit from VID (Very Important Dog) Finn, was a brilliant springboard from which our budding writers will be able to develop their creative writing skills.

Once again, a very big thank you to our favourite author, Tom Palmer, for inspiring our students to read and create their own stories! Ms Steward





BONJOUR SHERINGHAM!



10TH ANNIVERSARY OF SHERINGHAM TWINNING

Between 8th and 11th May the Sheringham Muzillac Twinning Association put on some great events promoting Sheringham's 10 years of linking with our twin town in Brittany.

Lots of classes in school produced display work. There was a French film, "Belle and Sebastian," at The Little Theatre on Thursday 8th, which was an enjoyable, sociable event.

On Friday 9th May Graham Fenner, the President of the Muzillac Twinning Association, came to speak to Years 7 and 10 about France. His talk gave our students a real sense of what it is like to live in a French town.

There was the unveiling of the SMTA Mural on Saturday, together with a variety of events at school on Sunday 11th May.

Mrs Hollidge introduced the proceedings with a welcoming speech in French and English. There was some brilliant music from our excellent school musicians, Morris Dancing, shanty singing and games all over the field. The Band played an array of music from the Beatles to Disney Classics. There was also a duet performed by GCSE students Eliza (flute) and Kit (Violin).

There was an eye-catching and tuneful performance by the Sheringham Primary School choir. Their performance of a French song went down particularly well with the audience. A brilliant day was enjoyed by the community.

Miss Howes



NORFOLK ANGLES MATHS HUB



Mr Arthur and Mrs Hill have been working with the Norfolk Angles Maths Hub to develop the use of Mastery techniques in our Maths lessons. Both have been enrolled on a training course for the last two years to discover the latest advice for Maths teachers based on some of the methods seen in Shanghai. Mastery promotes deep understanding of Maths by exploring the roots of the principles taught and using diagrams to support understanding. These diagrams, for example, double number lines and bar models, students may recognise from their lessons!

There are lots of elements to Mastery and a part of the course has been working out the key principles to embed at Sheringham.


Mrs Ryan, a Mastery Specialist from The Angles Hub, has been out to work with us at Sheringham High and helped us to embrace the Mastery techniques when we are planning our lessons. Mrs Hill


MASTERING MATHS POSTER


In the latest meeting, the three mathematicians created this poster to be displayed in the classrooms here at SHS reminding students of all the methods they can use to help solve unfamiliar questions.





MASTERING MATHS


HOW DO YOU KNOW IT'S CORRECT?


COULD YOU SOLVE IT ANOTHER WAY?


WHAT IS DIFFICULT? HOW COULD YOU OVERCOME IT?


CAN YOU CREATE A SIMILAR PROBLEM?


WHY DID YOU CHOOSE THAT METHOD?


CAN YOU EXPLAIN IT?


CAN YOU MODEL IT?

Bar Model

	150	
?		50

Ratio Table

Dogs	4		24
Cats	6	12	

Double Number Line

0m	8	12
0miles	5	



YEAR 9 CAREERS DAY : BRITISH ARMY

A group of 28 Year 9 students were given the opportunity to participate in a careers day run by the Royal Electrical and Mechanical Engineers (REME) section of the British Army.

Students participated in some practical workshops, including building small cars and propelling them using a hydraulic system to get them to travel as far as possible. This was followed by a 'mechano' tower building exercise and a problem-solving task.

Students worked in teams throughout the day strategising together to achieve each of the objectives. Members of the REME section talked about the opportunities a career in the Army can bring, from apprenticeship options in over 200 employment areas to sponsorship through a degree programme and of course, travelling all over the world both in combat zones and providing humanitarian aid. Students worked hard and took a lot of information away with them!

Miss Shepherd



LIPSYNC

Lipsync 2025 was another huge success, with lots of teachers performing and getting involved. £780 was raised for Whizz Kidz!

A massive thank you to all that participated: Miss Mallet, The Munro-Oakleys, Mr Boyce, Mrs Vellacott, Mr Bonsra, Mrs Pistorius, Mr Arthur, Mrs Smith, Miss Shackleton and Mrs Randell. Be ready for next year, as we plan to take things up yet another notch!





PERSONAL DEVELOPMENT DAY TRIPS

YEAR 9 PERSONAL DEVELOPMENT DAY TRIP TO SHERINGHAM PARK

April's PD Day saw Year 7 at Sheringham Park, learning bush skills including fire lighting and shelter building. The dry weather leading up to the day, and Mr Howard's expertise in using a flint and steel, meant we had some of the best fires we have ever seen built, which allowed us to cook up a few marshmallows as a treat once the fires were going.

Mr Bowen made sure all the students knew how to keep themselves dry in a storm, by teaching them how to shelter build, even checking how sturdy they were with a few well-placed drops of water poured over the tarpaulins.

Mr Chandler and Miss Forteath led a trek out through the park to allow students to enjoy the sights and sounds of the local surroundings and get to know the wonderful space we have on our doorstep. We'd like to thank Sheringham Park and the National Trust for allowing us to use the space and for helping us with equipment to run the day. Without them, the day wouldn't have happened. Mr McGlinchey





PERSONAL DEVELOPMENT DAY TRIPS

YEAR 9 PERSONAL DEVELOPMENT DAY TRIP TO HUNSTANTON

On 25th April, students from Year 9 took a trip to Hunstanton where we conducted our geography fieldwork.

Split into our class groups, we started down by the sea where we measured the gradient of the beach and the size of the sediment at different locations on the coast. We drew a field sketch of the cliffs and completed a wave count.

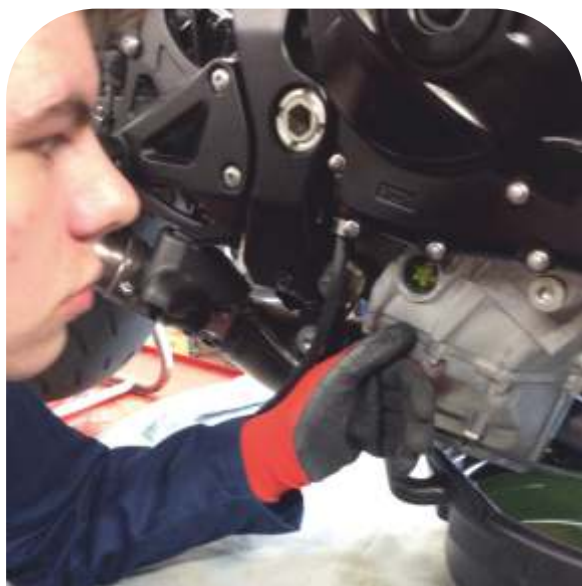
Afterwards, during our lunch break, students had the opportunity to explore the town centre and buy from local stores or visit the arcades. Finally, the last task involved conducting an environmental quality survey with local residents or visitors of Hunstanton. It was a great opportunity for us to gain an insight into new views and opinions and to practice our interviewing skills in the real world. All in all, it was a great trip, and everyone enjoyed their experience!

Matilda W Year 9





MOTOR VEHICLE STUDIES



This year's sixth form Motors students have completed their last task in the workshop, servicing a motorcycle and putting to good use all the new knowledge they have learnt in this course.

The exam board has recently visited the school to check their written work and asked the students how they got on with the course. The exam board was extremely impressed with the course work students had completed and the facilities we offer our students at Sheringham High and Sixth Form.

Mr Chandler



Year 10 & 11 Horticulture students enjoying the variety of jobs on The Patch . Mr Chandler & Mrs Angus





PROM 2025





PROM 2025

Thanks to Dreampace Photography
for the photos





CRICKET

This term, Year 7 boys have been working with Andy from Norfolk Cricket to develop their skills and to start to put them into practice with some small-sided games.

Andy has been coming in every Thursday, with the boys learning everything from basic fielding techniques, to how to bowl properly in a match, to different types of batting strokes and when to use them. We are hoping to put all of this to good use in a tournament in Norwich in late June. Many thanks to Andy and Norfolk Cricket for all their help and support this year. Mr McGlinchey



SPORTS LEADERS AT THE BELFRY SCHOOL SPORTS DAY

Our work with local primary schools continued this term, with four of our students beginning their journey in Sports Leadership, helping to run the Belfry School Sports Day.

The girls organised races, awarded students with stickers and judged some of the competitions on the day. It was lovely to get to know some of the younger students from The Belfry and our leaders showed we might have some potential primary school teachers in the making! Younger brothers and sisters, look out for some of our leaders at a sports event you're attending soon!

PANATHLON MULTI-SPORTS AT TAVERHAM

Some of our Year 7 and 8 students were lucky enough to compete in the North and West Norfolk Panathlon event at Taverham High School this term. The event gave students the opportunity to try eight different activities, including boccia, cricket, target games and athletics.

With the help of honorary P.E. Teacher Miss Munro-Oakley, the students all had a fantastic day, scoring points individually, but more importantly, working as part of an amazing team with each other. Everyone came home with a medal recognising their hard work and hopefully we'll be able to head back to compete again next year. Big thanks to all the sports leaders at Taverham for making it a great day! Miss Forteath





GIRLS FOOTBALL

Holt United FC Girls are working in partnership with the PE department to deliver a new girls' football initiative. It is a 7-week programme which is part of an England Football project called 'Play On', designed to help girls transition from school football into community provision. Holt United FC are an England Football Accredited club, serving the local community and are offering free football training at their ground in Holt on Sunday mornings. Ms Randell



THIS GIRL CAN SPORTS LEADERS

On 24th June a group of Year 9 girls led a 'This Girl Can' sporting event at Beeston Hall for 8 local Primary schools. The group led 8 activities including yoga, frisbee and dodgeball. The group encouraged the primary students to participate in these activities throughout the day, taking on the role of teacher for the day. The girls hoped to leave the day having inspired the primary students to have a positive outlook on PE and physical activity as they grow older. Miss Forteath.



NETBALL

Over this academic year we have played a lot of netball at Sheringham High. From September to the end of March many girls from all years attended Netball club after school on a Monday and various netball fixtures. We attended Hub nights at Aylsham and North Walsham for all years; County cup area rounds, and tournaments at Gresham's with many successes for all years.

Special shout out to the year 7 netball team who were winners of the bowl in the Norfolk County Cup and the year 8 team who qualified for the State School County Cup, which saw them have the opportunity to play at UEA.

Finally, well done the year 10 team who showed up week after week to training, helping those in younger years progress their skills together with practising their own. This has enabled them to beat Gresham's senior 4th/5th team with the help of two Sixth formers.

I am very proud of each girl that has participated in netball this year, whether it be coming to training every week, giving the sport a go or having success in fixtures! Miss Forteath



DUKE OF EDINBURGH AWARDS

On a lovely sunny weekend in May, 28 students and 3 staff set out for the first bronze practice expedition of the year. Students had been busy preparing menus and organising kit bags in the week running up to their first expedition and we were all hoping for a great weekend!

Thetford forest was our base for the weekend and already it was proving a mission to get to the campsite! After driving through a power station and over quite a few hills, we managed to find our little oasis. Students were tasked with putting up their tents and laying out kit for their first inspection. We were then onto our first navigational exercise.

Armed with a compass and a map, the route was drawn out and off we went, into the Thetford wilds! A couple of groups made an early navigational error but quickly corrected themselves and all were on the right paths again. Once we were back to camp it was dinner time. It is always interesting to see what students had decided to cook! There were some excellent efforts this year with pesto pasta and chorizo being my favourite. One group even had hot chocolate and marshmallows!



Still with lots of energy in their tanks, students took to games of football, French cricket, one knee and the old favourite UNO before we were all tucked up in bed for 10pm ready for the independent expedition in the morning.

Students were up and out by 8am and stormed around the course the next day. The group really prepared well for this weekend, making sure they had cooked a lunch (during breakfast) and had enough water for the day. There were some very smiley faces at the end, and all were a lot happier when the expedition cakes and biscuits were brought out, courtesy of some very thoughtful parents. We all really appreciated this!

We look forward to the next expedition in June!
Miss Shepherd



GAMES CLUB

On a Monday afternoon once, school has finished you will find a few very dedicated students who take part in Dungeons Dragons and War Hammer Club.

As another year comes to an end, we look back at some of the High and Low (rolls) we have had this year.

In September we started a new campaign with the Dragon of Ice Spire Peak. The students enjoyed the different approaches our Dungeon Masters Mr Tweed and Mr Morrison created, guiding them through the enchanted and treacherous world to slay the Ice Dragon. This was done with the style and enthusiasm that we've come to expect from our brilliant students. That dragon never stood a chance!

On the other side of the gaming world a few new students were welcomed to the TTRPG (tabletop role playing game) that is Warhammer Age of Sigmar and the grim future of Warhammer 40K. The students were shown how to paint their own miniatures together with new painting skills in order to make the Space Marines pop.

This ended in an apocalyptic battle of good vs evil as the students' own army faced the relentless march of Mr Boyce's dreaded Death Guard. I'm happy to say that once again the galaxy was saved by the Space Marines once again.
Mr Boyce.



ROYAL ACADEMY YOUNG ARTIST SUMMER SHOW 2025

Congratulations to Martha W from Year 8 on being selected by The Royal Academy of Art in London for her fabulous bus painting.

This artwork can be seen alongside 500 other art pieces created by young artists for the "Young Artists' Summer Show 2025".





ART FASHION & TEXTILES AND PHOTOGRAPHY

Exciting opportunity for our Year 10 Art, Fashion & Textiles and Photography GCSE students!

Sheringham High School are partnering with the Sainsbury Centre and Sheringham Museum on 'Connecting with the Sea', as part of the Arts Council England Heritage Lottery Funded project 'A World of Water.'

As part of the Arts Council England Heritage Lottery funded project, we have been offered a lino printing workshop for our GCSE Art, Fashion & Textiles and Photography students at The Mo museum in Sheringham.

The students have taken part in mini lino printing workshops with local artist Hannelore Smith and visited The Mo museum. In September the students will visit The Sainsburys Art Centre in Norwich where their work will be exhibited. Watch this space to see the exhibition in the next edition....
Mrs Mendes - Houlston

@acegrams

@sainsburycentrelearning

@sainsburycentre

@hannelore_smith

#SheringhamMuseum





YEAR 9 PREFERENCE EVENING



In a packed Hall with standing room only, Mr Phillips opened the evening with key information about the Year 9 subject preference process.

Parents and students were reassured that there was plenty of time to consider what they would like to study in the next stage of their education. Each student had been given a personalised booklet containing information about the courses available and were invited, with their families, to talk to all the teachers and Year 10 student helpers about each subject in the gym.

It was soon buzzing with conversations, as people circulated around the room discussing different subjects. Parents commented on how useful the process was, how it was a good opportunity to get an understanding of how the process would work for their child, and how impressed they were with the organisation and hard work put in by staff. A highly successful evening.

Alexandra Steward





SHERINGHAM'S GOT TALENT

Huge congratulations to the cast of Frozen Jr which wowed audiences during the Easter Holidays at Sheringham Little Theatre. The full company scenes flowed seamlessly with slick direction. A special mention to TW Performing Arts for the impressive dance numbers, too! The energy in the room was palpable and the casting allowed Sheringham's very talented students to shine.

Year 11 Evie G and 6th form student Taylor M played Queen Iduna and King Agnarr and were clearly role models for their younger counterparts. Corbyn S year 11, a gifted and committed actor, played the outwardly charming Hans and left the audience in roars of laughter with his perfectly timed delivery.

Summer F, year 7, as middle Ana, was not only mesmerising to watch, but her stage presence went way beyond her years. Ensemble members carried the show and supported the action, and Alexa P and Rosetta P, both year 11 did just that!

A huge special mention goes out to Mrs Pistorius in the English Department who not only chaperoned the 30 strong cast, but also filled in as director in the final week.

Her daughter, who played young Elsa, is one to watch! All involved worked tirelessly and never wavered in enthusiasm in the months of extensive rehearsals leading up to the performance - well done!

During the May Half Term holidays, Fyfe H, year 7, blew audiences away with his performances as Charlie Bucket in Charlie and the Chocolate Factory at Cromer Pier with Cromer & Sheringham Operatic & Dramatic Society. This popular local company does not do things by halves, and it was a real treat from start to finish! Moving beds full of grandparents, ginormous blueberries, dancing squirrels, creepy Oompah-Loompahs – it was a feast for the eyes.

In drama lessons at school, Fyfe always thinks outside the box, pushes his physicality to the max and experiments with different vocal choices, but onstage his talent was taken to the next level. He was a natural from start to finish. He played Charlie with a sympathy-gaining simplicity, a boy with a heart of gold with only love for his family. He brought joy to the audience on every line he spoke and the onstage relationship with Grandpa Joe made for a wonderful double act. Well done, Fyfe! Miss Mallett





WHAT THE FUTURE HOLDS

On Friday 25th April we held our annual careers event for our Sixth Form students. We were absolutely overwhelmed with the amount of support received from businesses far and wide in helping our students to become more informed with decisions post-18.

Students also took part in seminars focussing on interview technique, CV and personal statement writing and a session on gap year options. The UEA and Norfolk Apprenticeships were also on hand to deliver workshops for students who were interested in pursuing these specific routes following life at Sheringham Sixth Form.

We were super proud of all our students, and it was absolutely amazing to see their engagement in the sessions, together with igniting some passions for their next steps! I would like to extend our thanks to the following organisations who made our careers day such a success: Ms Shepherd

- British Sign and Graphics Association
- Contract Personnel
- Chris Ball Photography
- Limitless Film and Media
- Rainbow Assured
- Apprenticeships Norfolk
- Norfolk Rivers Trust
- National Trust
- Norfolk Community Health and Care NHS Trust
- Hayes + Storr Solicitors
- Lotus
- Aviva
- Anglian Wealth Management
- Crayford and Abbs
- Larking Gowen
- Crown Commercial Service
- Cannon Clarke Architects
- Royal Air Force (RAF)
- William H Brown (Holt Branch)
- Norwich University of the Arts
- Everyone Active - SLM (The Reef)
- Norfolk Constabulary
- Norwich Research Park
- Sheringham Primary School
- City College Norwich
- Alan Boswell Group
- UEA

CAREER OPPORTUNITIES

Once again, all Year 12 students have gained invaluable Work Experience in a self-generated placement. We remain indebted and very grateful to all the employers who supported our students with this useful venture, to help them make informed decisions about their futures.

THE NEXT GENERATION

We welcomed our new Year 12 students on their Induction Day in June. Nervously awaiting GCSE results, our applicants engaged brilliantly with the Sheringham Sixth Form experience. We all look forward to sharing the many achievements they will secure with us over the next two years.

DEGREES OF CHOICE

June is the season of exams but also the annual visit to the Norfolk Show Ground of the UCAS HE Discovery Exhibition. Sheringham Year 12 students met over 350 universities and employers at the event, buzzing with students from all over the county. The next stage is completing university applications and securing interviews. Exciting times indeed!





A LEVEL BIOLOGY TRIP TO HOLME DUNES MAY 2025

On 13th May, our A level Biology students in Year 12 participated in an educational trip to Holme Dunes to complete their field work.

Holme Dunes is an area which is rich in plant and animal life, providing the perfect opportunity to practically explore natural ecosystems as well as conservation programmes supported by The Norfolk Wildlife Trust.

Our biologists learnt about the importance of conservation and how this takes place at Holme Dunes. They conducted a bird survey and collected data about the behaviour of the birds.

Finally, they completed a transect of the dunes, carefully recording how abiotic factors affect species, richness and distribution. The weather was perfect, and they all had a great time, although they seemed less keen on the statistical analysis when we returned to the classroom! Well done, biologists!

Miss C Lucas and Mrs S Hookway





KETT'S REBELLION TOUR

Year 13 students took to the streets of Norwich to explore the sites of Kett's rebellion in 1549 as part of their A Level course on 'Rebellion under the Tudors.' The tour was led by noted Norfolk author and publisher Paul Dickson.

Students were guided around Norwich to various sites around the city from the Norwich Cathedral Close, the Great Hospital and Bishop's Bridge followed by the climb up to Kett's Heights and the remains of St. Michael's Chapel.

The tour brought the rebellion alive for our students who could visualise Robert Kett's army camped by the river Wensum overlooking the Cow Tower, which sustained damage from Kett's artillery, in an unsuccessful attempt to cross the river and take Bishop's Bridge. They stood outside the Red Lion pub which played a significant role in the rebellion itself and discovered that the Great Hospital was damaged and looted as the rebels made their way into Norwich.

TIME TO CELEBRATE

The summer term is when, reluctantly, we bid farewell to our wonderful Year 13 students. They have been a fabulous group, with amazing futures planned. We celebrated their time with us in a final assembly combining memories, and celebratory awards. The next stage is our annual Leavers' meal at the resplendent Rooftop Gardens in Norwich.

We hope that they have achieved well in their exams, and that all students, past, present and future, remain happy, and enjoy continued success. Mr Keshavarz





**Inclusive
Collaborative
Ambitious**