## SHERINGHAM HIGH SCHOOL LUNCH MENU WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M A I N S	Chicken Fajitas Potato Wedges Salsa	Beef Chilli Steamed Rice Sour Cream and Tortilla Chips	Chicken Pie Mashed Potatoes Seasonal Vegetables Gravy	Pasta Bolognaise Bake Homemade Garlic Bread	Fish Fingers Or Beef Burgers Chips Tangy Slaw
V E G I E	Courgette, Bean and Vegetable Fajitas Potato Wedges Salsa	Vegan Bean, Lentil and Vegetable Chilli Sour Cream Tortilla Chips	Creamy Vegetable Pie Mashed Potatoes Seasonal Vegetables Gravy	Spinach & Mushroom Risotto Homemade Garlic Bread	Roasted Vegatable Galette Chips Tangy Slaw
S N A C K	Nacho's	Southern Fried Chicken Wrap with Wedges	Ham and Cheese Panini	Teriyaki Chicken Stir Fry with Noodles	BBQ Chicken Wings with Potato Wedges and Tangy Slaw