

SHERINGHAM HIGH SCHOOL LUNCH MENU WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M A I N S	Beef Lasagne with Warm Garlic Bread	BBQ Chicken Quesadilla Potato Wedges Sour Cream	Roast Pork Roast Potatoes Seasonal Vegetables Gravy	Home made Beef Meatballs with Penne Pasta and Garlic Nan	Fish Cakes Or Jumbo Sausages Chips Tangy Slaw
V E G G I E	Vegetable, Bean and Lentil Lasagne with Warm Garlic Bread	Spinach & Mushroom Quesadilla Potato Wedges Sour Cream	Stuffed Courgettes Seasonal Vegetables	Creamy Tomato Vegetable Bake and Garlic Nan	Butter Bean Kiev with Fresh Tomato Sauce Chips Tangy Slaw
S N A C K	Fish Finger and Ketchup Wrap	Pasta Bolognaise Bake Garlic Bread	Cottage Pie Seasonal Vegetables Gravy	Ginger Chicken Noodles	Hog Roast Pork Bap with Apple Sauce